

Dry Eye Pre-Treatment Guidelines

- Drink plenty of fluids and water the day before and day of your procedure
- Avoid tanning or prolonged sun exposure for 2- 4 weeks prior and after Tixel Treatment
- No Accutane or Roaccutane within 3 months of treatment
- Discontinue Retinols/Retinoids 5 days pre and post treatment
- Avoid NSAIDs (Ibuprofen, Aleve, naproxen, aspirin) for 7 days prior to your Tixel treatment. It is okay to take Tylenol (acetaminophen) prior to your Tixel.
- Please stop any herbal supplements 7 days prior (including St. John's Wort, Garlic, Vitamin E, Gingko, etc.) Biotin based supplements DO NOT need to be discontinued.